Athletics Roster

GROUP & TIME	3 Boys	3 Girls	4 Boys	4 Girls	5 Boys	5 Girls	6 Boys	6 Girls
9.00-9.35am	400 meters			Turbo	Shot Putt	Long Jump	Pass ball/	
	8 races				Javelin			Leader ball
9.35 -	Turbo	Shot Putt	Long Jump	Pass ball/	400 meters			
10.10AM	Javelin			Leader ball	8 races			
Recess								
10:10-10:30								
10.30 -	100 Meters				Pass ball/	Turbo	Shot Putt	Long Jump
11:10AM					Leader ball	Javelin		
11.10 -	Pass ball/	Turbo	Shot Putt	Long Jump	100 Meters			
11.50AM	Leader	Javelin						
	ball							
11.50 -	LUNCH				Long Jump	Pass ball/	Turbo	Shot Putt
12.25PM						Leader ball	Javelin	
12.25 –	Long	Pass ball/	Turbo Javelin	Shot Putt	LUNCH			
1.00PM	Jump	Leader ball						
1.00 -	200 Meters				Shot Putt	Long Jump	Pass ball/	Turbo Javelin
1.40PM							Leader ball	
1.40 -	Shot Putt	Long Jump	Pass ball/	Turbo	200 Meters			
2.20PM			Leader ball	Javelin				
2.20- 3PM	RELAYS							

PLACE		1	2	3	4	5	6	7,8 & 9
POINTS - INDIVIDUAL		21	13	8	5	3	2	1
POINTS - RELAY / TEAM GAMES	All	21	13	8				

WINNER	Year			
BOODALUNG	2022			
2222	2023			

Do you not know that in a race all the runners run, but only one gets the prize? Run in such a way as to get the prize. Everyone who competes in the games goes into strict training. They do it to get a crown that will not last, but we do it to get a crown that will last forever. Corinthians 9 v 23-25

SOUTH COAST BAPTIST COLLEGE

PRIMARY SCHOOL

HOUSE ATHLETICS CARNIVAL

Years 3 to 6



Friday 13th of October 2023